



Early Integration Program Training for Parents and Professionals  
for the development of children 0-6 years of age

Good programming promotes inclusion of all children

**Tuesday January 10, 2017 6:30-8:30 pm for professionals**

**Setting up Successful Eating (Previously presented)**

**Presented by Occupational Therapy/ Feeding Team at Lansdowne Children's Centre, 39 Mount Pleasant St., Brantford, ON N3T 1S7**

RSVP to Kathryn Aulsebrook – 519-753-3153 ext. 201, email [kausebrook@lansdownecc.com](mailto:kausebrook@lansdownecc.com)

- Discussion-based workshop that will address topics around feeding all types of picky or tricky eaters who are preschool children
- Discussions will include: the factors that help us learn to eat, common reactions to foods and why they occur
- How to present foods to children in order to optimize positive eating experiences and strategies for introducing new foods within the daycare environment.

**Tuesday February 7, 2017 6:30-8:30 pm for professionals**

**Building Blocks to Better Social Skills (New)**

**Presented by the Early Integration Program, Lansdowne Children's Centre, 39 Mount Pleasant St., Brantford, ON N3T 1S7**

RSVP to Kathryn Aulsebrook – 519-753-3153 ext. 201, email [kausebrook@lansdownecc.com](mailto:kausebrook@lansdownecc.com)

- Building strong social skills is an essential part of growing up and we use them everyday. At an early age children learn how to interact with peers, teachers and the world around them.
- We will explore the evolution of social skills,
- How to facilitate growth and development of new skills and strategies to assist children who are either advanced or experiencing challenges.
- Will also include tools for assessing where a child's social skills are currently.

**Tuesday March 7, 2017 6:30- 8:30 pm for parents and professionals**

**ADHD what it is, what it isn't (Previously presented)**

**Presented by the Early Integration Program, Lansdowne Children's Centre, 39 Mount Pleasant St., Brantford, ON N3T 1S7**

RSVP to Kathryn Aulsebrook – 519-753-3153 ext. 201, email [kausebrook@lansdownecc.com](mailto:kausebrook@lansdownecc.com)

**Attention-deficit hyperactivity disorder (ADHD)** is a neurobiological condition that interferes with a person's ability to pay attention and exercise age-appropriate inhibition. ADHD usually becomes apparent in children during preschool and early school years.

This workshop is designed for participants to gain a better understanding of:

- The behavioral symptoms
- The impact of the symptoms with learning and daily functioning
- Strategies that can allow opportunities for caregivers to effectively support children with ADHD (ADHD like symptoms)

**Tuesday April 11, 2017 6:30-9:00 pm for professionals**

**Let's Keep Communicating (New)**

**Presented by the Early Integration Program, Lansdowne Children's Centre, 39 Mount Pleasant St., Brantford, ON N3T 1S7**

RSVP to Kathryn Aulsebrook – 519-753-3153 ext. 201, email [kausebrook@lansdownecc.com](mailto:kausebrook@lansdownecc.com)

- This workshop is a continuation of (**How to communicate with parents and co-workers**) It is not necessary that you attended this workshop to participate in **Let's Keep Communicating**.
- We will continue to develop communication skills, techniques, listening skills. We will explore how to have challenging or difficult conversations. We will focus on mindful conversations and maintaining positive communication and relationships with parents and co-workers.

**Tuesday May 9, 2017** **6:30-9:00 pm for parents and professionals**

**Boys, Boys, Boys! (Previously presented)**

**Presented by the Early Integration Program, Lansdowne Children's Centre, 39 Mount Pleasant St., Brantford, ON N3T 1S7**

RSVP to Kathryn Aulsebrook – 519-753-3153 ext. 201, email [kausebrook@lansdownecc.com](mailto:kausebrook@lansdownecc.com)

- Research suggests that boys are developmentally at a different stage than girls of the same age, yet, in a female dominated environment we tend to treat boys in the same manner as girls
- Find out more about what the research says, ideas and strategies to help optimize boys development in your classroom
- Arrange your environment and activities to keep those “busy” boys engaged.

**Saturday May 27<sup>th</sup>, 2017** **9:00am-4:00 pm for professionals**

**In the Shoes of a Child with Special Needs (previously presented 2012)**

**Presented by the Early Integration Program, Lansdowne Children's Centre, 39 Mount Pleasant St., Brantford, On N3T1S7**

RSVP Kathryn Aulsebrook 519-753-3154 ext. 201 [kausebrook@lansdownecc.com](mailto:kausebrook@lansdownecc.com)

- This workshop promotes an understanding of the challenges children experience with special needs
- Learning about different disabilities
- Strategies and techniques will be presented and discussed to enhance success within your programs
- Group activities and experiences

**Tuesday September 12, 2017** **6:30 - 8:30 pm for professionals**

**ATTACHMENT: How important is it? (Previously presented)**

**Presented by Early Integration Program and Infant and Child Development Program.**

**Lansdowne Children's Centre, 39 Mount Pleasant St., Brantford, ON N3T 1S7**

RSVP to Kathryn Aulsebrook – 519-753-3153 ext. 201, email [kausebrook@lansdownecc.com](mailto:kausebrook@lansdownecc.com)

- Participants will learn through lecture and discussion the importance of attachment in young children and how it builds the foundations for life.

**Tuesday November 7, 2017** **6:30 - 9:00 pm for parents and professionals**

**The four 'W's' of Mental Health for Preschool Children and Children with Special Needs (New)**

**Presented by the Community Partners and Early Integration Program, Lansdowne Children's Centre, 39 Mount Pleasant St., Brantford, ON N3T 1S7**

RSVP to Kathryn Aulsebrook – 519-753-3153 ext. 201, email [kausebrook@lansdownecc.com](mailto:kausebrook@lansdownecc.com)

- **What** does mental health look like? Practical suggestions for the prevention of mental health problems
- **When** mental health is affected what do we do? Information about the common behaviours and mental health problems that concern parents and teachers
- **Why** is mental health important? Practical strategies for the prevention of problems
- **Where** to seek help when an issue arises