

MILESTONES MATTER. LET'S TALK ABOUT THEM.

Lansdowne can help you with your questions and to find services. Call **519.753.3153**.

Milestones

@ 3 months

- Holds head steady and turns in both directions
- Coos, smiles and recognizes familiar people



Milestones

@ 6 months

- Rolls over in both directions
- Reaches for toys with both hands
- Babbles
- Begins to sit unsupported



Milestones

@ 9 months

- Stands holding onto something
- Transfers objects between hands
- Copies gestures and sounds like "mama" "dada"



Milestones

@ 12 months

- Shakes head "no", waves "goodbye"
- Plays/uses toys and objects as designed
- Pulls up to stand and walks holding supports



Milestones

@ 15 months

- Points to show interests to others
- Says 3-5 new words
- Follows simple directions
- Turns pages of a book



Milestones

@ 18 months

- Walks alone
- Uses at least 20 single words
- Plays simple pretend, such as feeding a doll



Milestones

@ 2 years

- Uses 2-3 word phrases
- Self-feeds using cup, spoon and fork
- Stacks blocks or rings



Milestones

@ 3 years

- Speaks in clear sentences
- Jumps with 2 feet off the ground
- Copies lines or circles
- Follows 2 or 3 step directions



Milestones

@ 4 years

- Answers simple questions
- Uses toilet independently
- Takes turns in play with a friend



RIDE Respect, Inclusion, Diversity, Empowerment
Working together to improve your child's quality of life

Lansdowne provides services and supports for infants, children and youth with communication, developmental and physical needs.

To reach more clients and families we work with your child and family in our centres, virtually and in a variety of community settings such as homes, schools, childcares and camps.

Lansdowne Children's Centre is your local SmartStart Hub.