

# AUTISM SERVICES SPRING/SUMMER FOUNDATIONAL SERVICES GUIDE 2024

Clinic  
Appointments

Workshops

Family Support

Social Groups

Webinars



**PLEASE REGISTER ON LANSDOWNE'S WEBSITE FOR ALL PROGRAMS AND EVENTS OR BY CONTACTING OUR FAMILY SUPPORT WORKERS**

**Ely ext 268**

**[emacdonald@lansdownecc.com](mailto:emacdonald@lansdownecc.com)**

**Chantel ext 327**

**[clabute@lansdownecc.com](mailto:clabute@lansdownecc.com)**

## **Family Support Workers:**

Here to answer your questions, help you register for foundational services, and to assist with OAP paper work. We are just a call or email away.

## **Clinics:**

Consultation appointments with Autism Therapists to discuss anything you need more support with, including toileting, social skills, emotional regulation or behaviour. Appointments can be on the phone, on zoom or in person.

# Summer Groups

## **Drop in Social Groups**

At Lansdowne Children's Centre. These will be a fun group for children to practice social skills . Caregivers do not need to stay, but children must be able to participate in a group with a ratio of 3 children to 1 staff.

\*Please talk to your family support worker if your child is at risk of elopement or aggression so we can support your child in a different way.

## **Ages 4-6 Once a Month**

Once a month from 2:00-4:00 pm

## **Drop in Social Group for ages 7-9**

Once a Month 4:00-6:00 pm

## **Drop in Social Group for ages 10-13**

Once a Month 4:00-6:00

## **Circle Time - 2-4 yr olds with Caregiver**

### **Every Friday 11:00-12:00**

Join us for songs, stories and play time. This will be many children's first experience with this type of activity and that's what we're here for! Practice in a safe and inclusive environment with other children and caregivers.

## **Drop in Teen Social Group for ages 14-17**

Last Monday of the month from 5:30-7:30 pm at Lansdowne. Laid back, safe hangout for teenagers with a diagnosis of Autism. Caregivers do not need to stay but teen must be able to participate in a group with a ratio of 3 teens to 1 staff.



## **Girl's night out for ages 14-17**



Once a month from 5:30-7:30 pm at Lansdowne. New this Spring, this group is for teens who identify as girls only. We will alternate between free activities at Lansdowne and outings in the community which may have a cost associated.

**PLEASE REGISTER FOR ALL PROGRAMS AND EVENTS ONLINE AT  
WWW.LANSDOWNECENTRE.CA  
OR BY CONTACTING OUR FAMILY SUPPORT WORKERS**

# MAY 2024

## Toileting Workshop- Virtual Workshop for Parents

**May 1 8:00-9:00 pm**

Tune in to a virtual workshop on the evening of May 1 to learn about toileting strategies based in ABA. Parents will have a chance to ask questions and brainstorm ideas for their individual children.

## School Readiness Skills Workshop - May 23, 5:00-7:00pm

First time to school or returning students. Get a head start on planning and prioritizing what skills your child can practice during the summer months before school starts.

MON	TUE	WED	THU	FRI
		1 Toileting Workshop virtual 8:00pm-9:00pm	2	3 Circle Time Group 11:00- 12:00
6 Drop In Group 10-13yr olds 4:30-6:30	7	8	9 Drop In Group 4-6 yr olds 2:00-4:00	10 Circle Time Group 11:00- 12:00
13 Drop In Group 7-9 yr olds 4:30-6:30	14	15	16 Girls Night Out Group 14-17 yr olds 5:30-7:30pm	17 Circle Time Group 11:00- 12:00
20 Holiday	21 Parent Support Network Coffee and Chat In person , 6:00 p.m. -8:00	22	23 School Readiness Skills Workshop 5:00-7:00	24 Circle Time Group 11:00- 12:00
27 Drop In Teen Group 14-17 yr olds 5:30-7:30pm	28	29	30	31 Circle Time Group 11:00-12:00

# JUNE 2024

## Funding Information Workshop -Virtual- presented by Family Support Workers

**Thursday June 13, 5:00-7:00pm**

Information about funding that is specifically for parents of children with Autism including OAP, ACSD, SSAH, Disability Tax credit, Jordan's Principal, Easter Seals Diaper Grant and ACCESS 2 Staff will go through the process for applying for each type of funding and assistance will be given to individual families depending on needs on separate days.

MON	TUE	WED	THU	FRI
3	4	5	6	7 Circle Time Group 11:00-12:00
10 Drop In Group 10-13yr olds 4:30-6:30	11 Parent Support Network Coffee and Chat In person 6:00 p.m. - 8:00	12 Autism Funding Information Session 5:00-7:00	13 Drop In Group 4-6 yr olds 2:00-4:00	14 Circle Time Group 11:00- 12:00
17 Drop In Group 7-9 yr olds 4:30-6:30	18	19	20 Girls Night Out Group 14-17 yr olds 5:30-7:30pm	21 Circle Time Group 11:00-12:00
24 Drop In Teen Group 14-17 yr olds 5:30-7:30pm	25	26	27	28 Circle Time Group 11:00-12:00

# JULY 2024

## Lansdowne Children's Centre Motorcycle Ride

### Saturday July 2

Join the cheering squad in front of Lansdowne Children's Centre to watch the bikes drive by for the 20th annual ride.

## Summer Science Day -Fun with science group activities for ages 7-13

### July 3 and Aug 7, 1:00-3:00pm

At Lansdowne Children's Centre. These will be a fun group for children to practice social skills. Caregivers do not need to stay, but children must be able to participate in a group with a ratio of 3 children to 1 staff.

\*Please talk to your family support worker if your child is at risk of elopement or aggression so we can support your child in a different way.

MON	TUE	WED	THU	FRI
1 Holiday	2	3 Summer Science DAY 1 ages 7-13 1:00-3:00	4	5 Circle Time Group 11:00-12:00
8 Drop In Group 10-13yr olds 4:30-6:30	9	10	11 Drop In Group 4-6 yr olds 2:00-4:00	12 Circle Time Group 11:00-12:00
15 Drop In Group 7-9 yr olds 4:30-6:30	16 Parent Support Network Coffee and Chat In person .6:00 p.m. – 8:00	17	18 Girls Night Out Group 14-17 yr olds 5:30-7:30pm	19 Circle Time Group 11:00-12:00
22 Teen Group 14-17yr olds 5:30-7:30pm	23	24	25	26 Circle Time Group 11:00-12:00
29 Autism Services Shutdown week	30 Autism Services Shutdown week	31 Autism Services Shutdown week		

# AUGUST 2024

## Back to School Workshop with a focus on Advocating for Your Child's Needs at School August 21, 5:00-7:00pm

This workshop brings parents together to support each other and learn new ways to speak up for their children's rights and needs. Presentors will discuss how to navigate the complicated school system.

MON	TUE	WED	THU	FRI
			1 Autism Services Shutdown week	2 Autism Services Shutdown week
5 Holiday	6	7 Summer Science DAY 2 ages 7-13 1:00-3:00	8 Drop In Group 4-6 yr olds 2:00-4:00	9 Circle Time Group 11:00- 12:00
12 Drop In Group 10-13yr olds 4:30-6:30	13	14	15	16 Circle Time Group 11:00- 12:00
19 Drop In Group 7-9 yr olds 4:30-6:30	20 Parent Support Network Coffee and Chat In person 6:00 p.m. – 8:00	21 Back to School Advocacy Workshop 5:00-7:00	22 Girls Night Out 14-17 yr olds 5:30-7:30pm	23 Circle Time Group 11:00- 12:00
26 Teen Group 14-17yr olds 5:30-7:30pm	27	28	29	30 Circle Time Group 11:00- 12:00