

Face to Face

Face-to-face sitting and communication with an infant, child or youth, offers critical benefits for emotional, cognitive, and social development.

Being face to face helps a child...

- Know that you are paying attention and are interested in what they have to “say”
- Establish and maintain eye contact, an important part of communication
- Learn to focus on the same thing as you
- See how you say different sounds and words



Video: **Conversations pave the way for first words**

(YouTube, The Hanen Centre)



www.youtube.com/watch?v=4ZAeVAtH3H0

If you have any questions or concerns, please contact your Lansdowne SLP or CDA for help.

Being face to face helps you...

- Notice what your child is looking at, which is a clue to what they are interested in
- Observe your child’s facial expressions – so that you know when to stop, when to change activities, and when to keep playing

How do I get face to face?

- Get down to your child’s physical level (e.g., sitting on small chairs, lying on the floor, raising your child up, etc.)
- Move as your child moves to maintain face to face contact
- Hold motivating objects (e.g., favourite toys/food) beside your cheek to encourage your child to look at your eyes and mouth

How to connect with support:

Anyone with a concern about their child's development can contact SmartStart Hub at Lansdowne Children’s Centre to start the referral process and seek support.

No diagnosis or doctor referral is required. There is NO COST to the family for accessing SmartStart Hub services, supports and resources.

Visit www.lansdownecentre.ca/speech

Call toll free 1-800-454-7186 ext. 507