

AUTISM SERVICES WINTER FOUNDATIONAL SERVICES GUIDE 2024

Clinic
Appointments

Workshops

Family Support

Social Groups

Webinars



**PLEASE REGISTER ON LANSDOWNE'S WEBSITE FOR ALL PROGRAMS
AND EVENTS OR BY CONTACTING OUR FAMILY SUPPORT WORKERS**

Ely ext 268

emacdonald@lansdownecc.com

Chantel ext 327

clabute@lansdownecc.com

Family Support Workers:

Here to answer your questions, help you register for foundational services, and to assist with OAP paper work. We are just a call or email away.

Clinics:

Consultation appointments with Autism Therapists to discuss anything you need more support with, including toileting, social skills, emotional regulation or behaviour. Appointments can be on the phone, on zoom or in person.

Winter Groups

Circle Time - 2-4 yr olds with Caregiver

Every Friday 11:00-12:00

Join us for songs, stories and play time. This will be many children's first experience with this type of activity and that's what we're here for! Practice in a safe and inclusive environment with other children and caregivers.

Drop in Social Group for ages 4-6 Once a Month

Once a month from 2:00-4:00 pm at Lansdowne Children's Centre. This will be a fun group for children to practice social skills . Caregivers do not need to stay, but child must be able to participate in a group with a ratio of 3 children to 1 staff.

Drop in Social Group for ages 7-9 Once a Month

Once a month from 4:00-6:00 pm at Lansdowne Children's Centre. This will be a fun group for children to practice social skills . Caregivers do not need to stay, but child must be able to participate in a group with a ratio of 3 children to 1 staff.

Drop in Social Group for ages 10-13 Once a Month

A fun, safe hangout for youth with a diagnosis of Autism. Once a month from 4:00-6:00 pm. Caregivers do not need to stay but youth must be able to participate in a group with a ratio of 3 youth to 1 staff.

Drop in Teen Social Group for ages 14-17

Last Monday of the month from 5:30-7:30 pm at Lansdowne. Laid back, safe hangout for teenagers with a diagnosis of Autism. Caregivers do not need to stay but teen must be able to participate in a group with a ratio of 3 teens to 1 staff.

*Please talk to your family support worker if your child is at risk of elopement or aggression so we can support your child in a different way.

**PLEASE REGISTER FOR ALL PROGRAMS AND EVENTS ONLINE AT
WWW.LANSDOWNECENTRE.CA
OR BY CONTACTING OUR FAMILY SUPPORT WORKERS**

JANUARY 2024

Toileting Workshop- In person workshop for parents with your child

February 1st 12:30-2:00

Children will play with Therapists while parents learn about toilet training strategies and tips tried and tested by Autism Therapists. Parents will have a chance to try the suggested strategies with their child before leaving.

MON	TUE	WED	THU	FRI
1	2	3	4	5 Circle Time Group 11:00-12:00
8	9	10	11 Drop In Group 4-6 yr olds 2:00-4:00	12 Circle Time Group 11:00-12:00
15 Drop In Group 10-13yr olds 4:00-6:00	16	17	18	19 Circle Time Group 11:00-12:00
22 Drop In Group 7-9 yr olds 4:00-6:00	23	24	25	26 Circle Time Group 11:00-12:00
29 Drop In Teen Group 14-17 yr olds 5:30-7:30pm	30	31		

FEBRUARY 2024

Intro to Autism Workshop- Virtual workshop for parents

February 15 8:00pm- 9:00pm

Have your questions answered by Autism Therapists. Learn more about Autism, including strategies for managing behaviour, and teaching skills.

OAP Information Workshop -Virtual- presented by Family Support Workers

February 7, 10:00am-11:00am

Perfect for parents of children with a new ASD diagnosis or a refresher for Ontario Autism Program paperwork, applications, processes and other resources available to families.

MON	TUE	WED	THU	FRI
			1 Toileting Workshop in person with child 12:30-2:00	2 Circle Time Group 11:00-12:00
5 Drop In Group 10-13yr olds 4:00-6:00	6	7 FSW OAP Information Session 10:00-11:00	8 Drop In Group 4-6 yr olds 2:00-4:00	9 Circle Time Group 11:00-12:00
12 Drop In Group 7-9 yr olds 4:00-6:00	13	14	15 Virtual Workshop Intro to Autism 8:00-9:00 pm	16 Circle Time Group 11:00-12:00
19 Family Day Holiday	20	21	22	23 Circle Time Group 11:00-12:00
26 Drop In Teen Group 14-17 yr olds 5:30-7:30pm	27	28	29	

MARCH 2024

Intro to Behaviour Workshop- Virtual workshop for parents

March 6th 8:00pm- 9:00pm

Have your questions answered by Behaviour Therapists. Learn more about Applied Behavior Analysis, ways it can be used and how it has changed over time.

Egg Hunt Practice

March 21 4:00-6:00pm

Practice hunting for eggs together with your child in a safe and controlled environment. Please RSVP so the bunny knows how many eggs to hide!

MON	TUE	WED	THU	FRI
				1 Circle Time Group 11:00-12:00
4 Drop In Group 10-13yr olds 4:00-6:00	5	6 Virtual Workshop Intro to Behaviour 8:00pm-9:00pm-	7	8 Circle Time Group 11:00-12:00
11 March Break	12 March Break	13 March Break	14 March Break Drop In Group 4-6 yr olds 2:00-4:00	15 March Break Circle Time Group 11:00-12:00
18 Drop In Group 7-9 yr olds 4:00-6:00	19	20	21 Egg Hunt 4-6	22 Circle Time Group 11:00-12:00
25 Teen Group 14-17yr olds 5:30-7:30pm	26	27	28	29 Holiday

APRIL 2024

Toileting Workshop- Virtual Workshop for Parents

April 10 8:00-9:00 pm

Tune in to a virtual workshop on the evening of April 10 to learn about toileting strategies based in ABA. Parents will have a chance to ask questions and brainstorm ideas for their individual children.

OAP Information Workshop -Virtual workshops presented by Family Support Workers

April 18, 1:00-2:00

Perfect for parents of children with a new ASD diagnosis or a refresher for Ontario Autism Program paperwork, applications, processes and other resources available to families.

MON	TUE	WED	THU	FRI
1 Holiday	2	3	4	5
8 Drop In Group 10-13yr olds 4:00-6:00	9	10 Toileting Workshop virtual 8:00pm-9:00pm	11 Drop In Group 4-6 yr olds 2:00-4:00	12 Circle Time Group 11:00-12:00
15 Drop In Group 7-9 yr olds 4:00-6:00	16	17	18 FSW OAP Information Session 1:00-2:00	19 Circle Time Group 11:00-12:00
22	23	24	25	26 Circle Time Group 11:00-12:00
29 Teen Group 14-17yr olds 5:30-7:30pm	30			